



Night Hike & Drum Journey

17 August

Magical Night Hike and Drum Ritual in
the Soignes Forest. Special event for the
moon in Aquarius.

Meet your facilitators

We are Monika and Pablo, the people behind Inner Spark. A long time ago, in a galaxy far, far away, we were two individuals dedicated to our careers (Law and Engineering) spinning in the daily grind...

Until we saw that this pre-cooked happiness didn't work... that we were missing something... we were missing the magic!

We wanted to explore the unknown, overcome our fears, and manifest our deepest desires.

Life led us to meet each other, and to meet a Shaman and Yogi Master from the now extinct Altai school. We spent years following him, belonging to his inner circle in intense practices of healing, empowerment, and reconnection with the self and life's purpose. This journey simply changed everything for us...

And now, yes... we have magic!

Are you up for an adventure of healing and reconnecting with the deep Truth resonating within you?

This is, no more and no less, the journey we propose to you 😊



+ 100 drum sessions

+ 500 participants

+ 10 years of experience

Is This You?

Would you like to experience the magic of the forest on a summer night?

And meditate under the moon with the guidance of the drum?

Would you like to learn about an ancient ritual of empowerment and liberation?

Experience a sensory expansion in the heart of the forest at night?

And what do you say to setting aside social masks for a while to express yourself freely: be whoever you want to be?

Share a unique experience with a group of adventurous souls?

What is Drum Journey?

Imagine entering the world of dreams and magic... while still awake! Opening a window to your unconscious and experiencing a unique journey of healing and self-discovery while reconnecting with your body and being.

What comes to you in Drum Journey:

Healing the past: When you start to feel the drum, and move to its rhythm, your mind will relax, and all the physical and mental tension along with the unexpressed emotions will begin to dissolve and dissipate. For a moment, you will feel their intensity, and then they will disappear, leaving you with clarity and internal silence.

Igniting the Flame of Vitality: The more your mind calms, the more your body will awaken. You will feel your physical presence more vividly—your muscles, your legs. You will connect with the stabilizing power of the earth and awaken your hunger for life and experiences.

Reconnecting with the Self: In this grounded state, we will look towards the stars, so that you can reconnect with your life's purpose, with the meaning of the experiences you are going through, so that you find the answers you need. Directly, from your connection with the cosmos and innate wisdom.

Why Drum Journey?

Direct Access to the World of Dreams: When EVERYTHING is done through the rational mind, we tend to STICK to it... Drum Journey opens your direct connection to your unconscious mind so that you can access this vast space of experiences, memories, emotions, and wisdom.

Unique Understanding: The world is full of people offering ideas. In this journey, you have a unique experience, and from it, you create your own understanding. No one will tell you what to believe or how to think. You build your Truth.

Expression and Liberation: Personalities and social masks generate intense pressure that does not always allow us to be ourselves. The backbone of Drum Journey is free expression. There are no rules, you live it and express it as you want.



AGENDA

Hike

Night hike in the Sonian Forest
(~30 min)

Circle

Explanation of the full moon
energy in Aquarius. (~30 min)

Journey

Drum Journey beyond the mind, to the
world of the subtle and the
transpersonal (60 min).

Integration

Integration of the experience, sharing,
and return to the starting point. (~60
min)

Approximate duration of 3.5 hours. The content may vary slightly to accommodate the participants.

Need-to-know details:

Special Drum Journey on the full moon in Capricorn, on the night of **Saturday, August 17th**.

We will meet at **10:00 PM** at the entrance to the **Soignes Forest**. Google Maps:

<https://maps.app.goo.gl/BRjxih85GduE5zmeA>

There is **free parking** in the area, and **tram line 8** is the closest.

You should bring **water**, a **flashlight**, **clothing for cold weather and rain** (in case we have some), and something to sit or lie on (if you want).

Hiking shoes too.

You need **no experience** in meditation or Drum Journeys to get the best from this.



WHAT WILL YOU GET

Guided night-hike through the heart of the
Sonian Forest.

Unique Teachings on the meaning and
potential of the full moon in Aquarius.

An authentic night-time healing and power
ritual with drum guided by initiated
shamans.

+3h Personalized attention during the
event, and after it.

Meet a group of soul seekers with whom to
share a unique journey.

Connection with magic, nature, and the
mysterious beyond the mind and routine.

All this, with a value of +250€...

For only 47€!

HOW TO RESERVE YOUR SPOT:

BOOK THE EVENT TICKET

The ticket includes everything listed above, and you can purchase here:

[BOOK HERE](#)

Don't miss this unique opportunity and book now! Spaces are limited.

If you have questions, you can contact us at
pablo@innersparklife.com
monika@innersparklife.com



Testimonial

"After my session with Pablo, I was speechless. It hit me deeply, revealing layers of myself I hadn't fully understood. It was clear and simple—the heart of my emotional struggles came from learning to love myself conditionally. During our time together, it felt like my higher self finally got through to me, saying, 'Just love yourself.' It broke me open. That session marked a profound 'before' and 'after' in my life. I'm forever grateful to Pablo for fostering such a life-changing moment."

- *Stephie*



Testimonial

"Working with Pablo has been an indescribable journey. At one moment, I was so immersed that I completely lost all physical sensation; it felt like floating in an endless space. Initially, it scared me, but Pablo's calm presence and soothing words kept me grounded. Then, I felt a deep, personal message resonate within me, too private to recount here. It was unlike anything I've felt before—transformative and deeply spiritual. Thank you, Pablo, for being my guide on this incredible path."

- Xin



Testimonial

"The ritual with Pablo was intense and profound. I journeyed into deep, dark corners of myself, facing pain, fear, and some hidden truths I'd avoided. It was tough but enlightening. Thanks, Pablo, for helping me confront and understand these shadows. Learning to navigate my darker side has been invaluable."

Cedric



Testimonial

"In a drumming session with Pablo, I rediscovered a simple truth I'd lost in my busy life: life must be enjoyed. The realization struck me—without joy, without 'play', everything feels empty. I'm usually too serious, anxious, and moody. Pablo, thanks for reminding me to embrace playfulness. It's truly the most crucial lesson for me. Without joy, what's the point?"

- Verna

FROM PREVIOUS INNER SPARK EVENTS & RETREATS



